



# **Essential Management Skills for Emerging Leaders**

Desi Schiess, MD











MEDICAL STUDENT  
COUNCIL PRESIDENT

WOMEN IN RADIOLOGY  
COALITION

SPR CAREER DEVELOPMENT  
& PROFESSIONALISM  
COMMITTEE CHAIR

CHIEF RESIDENT

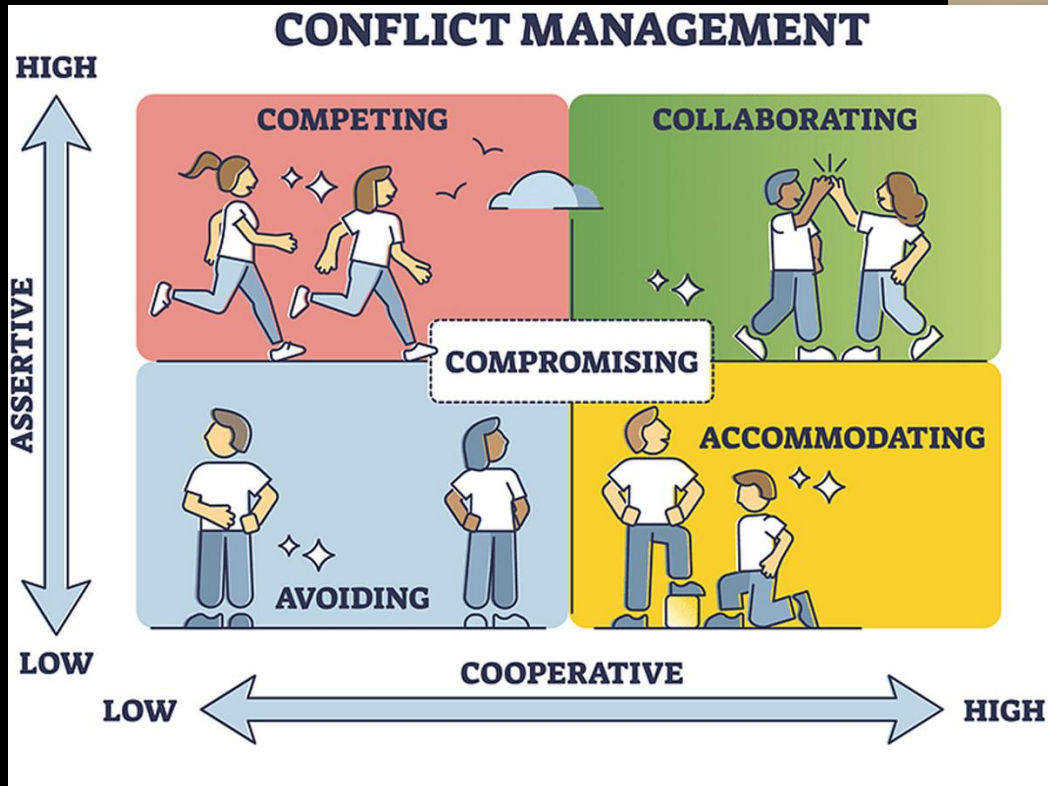
DIRECTOR OF  
INFORMATICS

MEDICAL DIRECTOR  
COLORADO SPRINGS

# Managing...



# Managing yourself





THE *NEW YORK TIMES* BESTSELLER

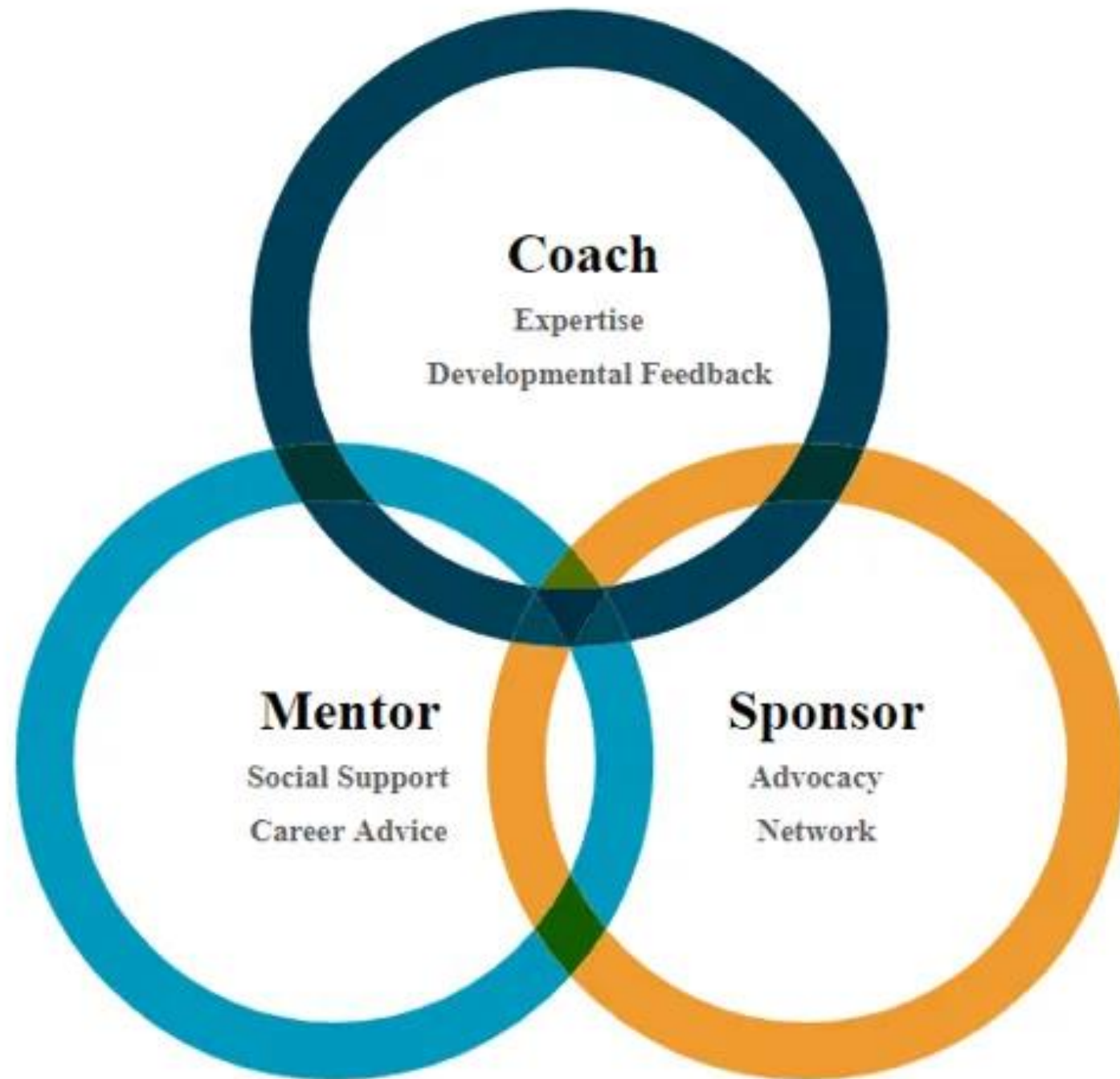


# POSITIVE INTELLIGENCE<sup>®</sup>

Why Only 20% of  
Teams and Individuals  
Achieve Their True Potential  
AND HOW YOU CAN ACHIEVE YOURS

*"Positive Intelligence can change your life and transform your business. A real game-changer."*  
—James D. White, Chairman and CEO, Jamba Juice

SHIRZAD CHAMINE





Vision



Authenticity



How to build a

**PERSONAL**

**BRAND**



Commitment



Personality



Value



Differentiation



# GRAVITAS

A MINIMALISTIC FONT



Managing TIME



WORK

LIFE





FIND YOUR  
**NICHE**









**SAND**

+



**PEBBLES**

+



**ROCKS**

=



**ROCKS**

+



**PEBBLES**

+



**SAND**

=



# FIRST, EAT YOUR FROG

AND OTHER PEARLS  
FOR PROFESSIONAL WORKING MOTHERS



Elizabeth Kagan Arleo, MD

## Eat the Frog



### 1. Identify Your Frog

Find your hardest task of the day or the task that scares you the most.

### 2. Eat It

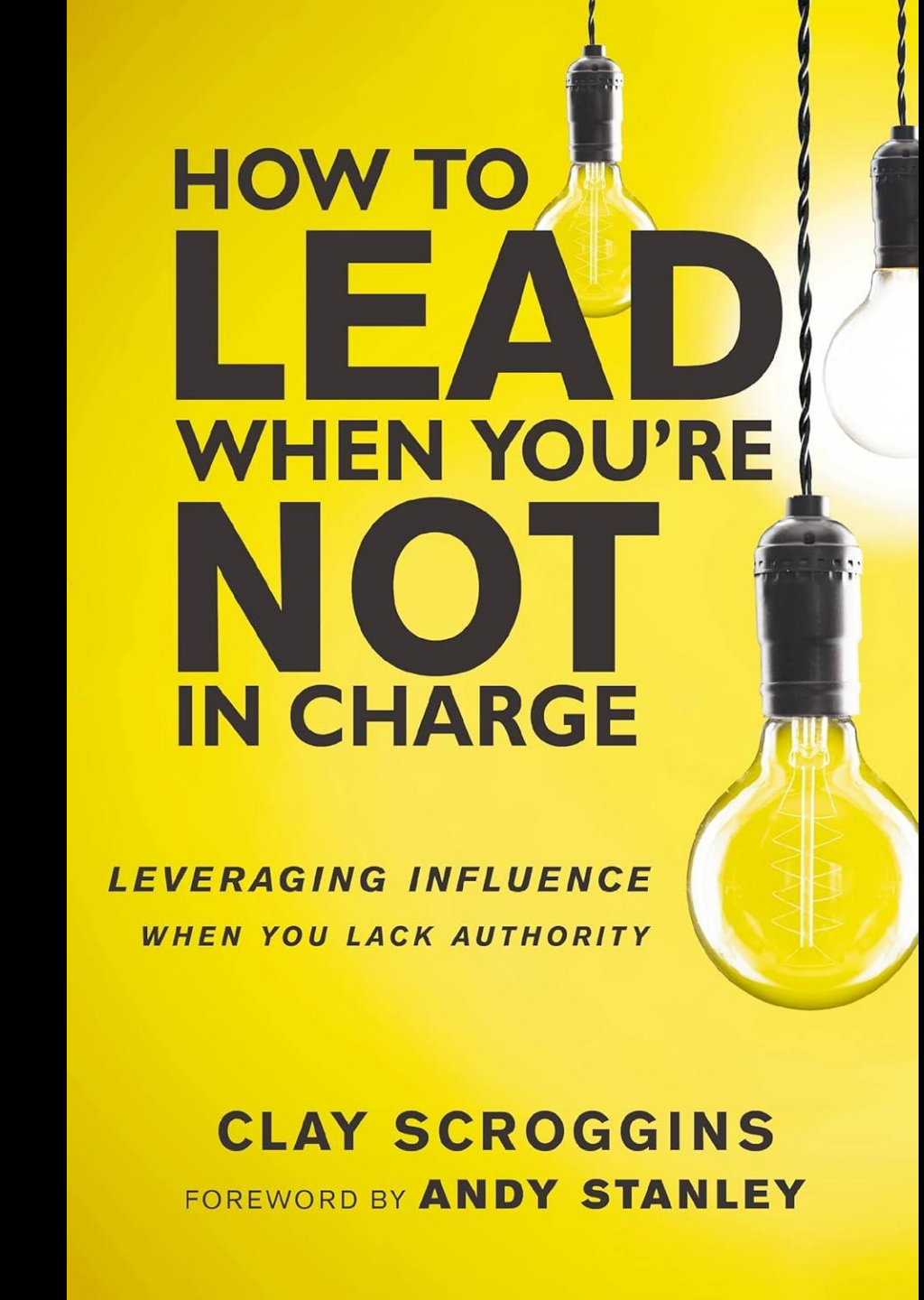
Don't procrastinate any further. Eat the frog! a.k.a. do your most important task first thing in the morning.

### 3. Repeat Every Day

Stick with it! You'll be amazed by how this method lets you accomplish impactful work..

# Managing Others





HOW TO  
**LEAD**  
WHEN YOU'RE  
**NOT**  
IN CHARGE

*LEVERAGING INFLUENCE  
WHEN YOU LACK AUTHORITY*

**CLAY SCROGGINS**  
FOREWORD BY **ANDY STANLEY**



## **influence**

*[in-floo-uhns]*

*noun*

the capacity to have an effect on the character or development of someone or something, or the effect itself.

## **authority**

*[ uh-thawr-i-tee]*

*noun*

the power or right to give orders, make decisions, and enforce obedience.

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Shutterstock





Managing YOURSELF → BUILD CREDIBILITY

Managing TIME → MITIGATE BURNOUT

Managing OTHERS → DRIVE RESULTS & CREATE IMPACT

LEGGACY

X

D

A

B

Q

U

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C

P

V



[DSMoneva@gmail.com](mailto:DSMoneva@gmail.com)